

Tennis for Life Daily Sign In

Please let staff know if you have a change or new health incident to report. Including Coronavirus (COVID-19) signs or symptoms, sports injury, or modified activity report.

Contact John Worsley 336-575-5280

Arrive as close as possible to when you need to be there. Avoid touching court gates, fences, benches, etc.

Each player/student must register and sign in with on site staff before going on court.

- Use hand sanitizer
- Clean and wipe down your equipment, including racquets and water bottles.
- SOCIAL DISTANCE • if your racket can touch another person you are too close

DURING PLAY

Do not share racquets or any other equipment such as wristbands, grips, hats and towels.

If you need to sneeze or cough, do so into a tissue or upper sleeve.

Avoid touching your face after handling a ball, racquet or other equipment.

Maintain physical distancing during drills or changing ends of the court.

Remain apart from other players when taking a break.

AFTER PLAYING • Leave the court as soon as reasonably possible.

OFF THE COURT • Tennis Players and Families should

Follow your local community guidelines for public safety such as wear protective face cover, remain 6 feet away for personal space, and stay home if you do not feel well.

Before leaving home wash your hands with soap and water (for 20 seconds or longer) and clean your equipment daily including water bottles.